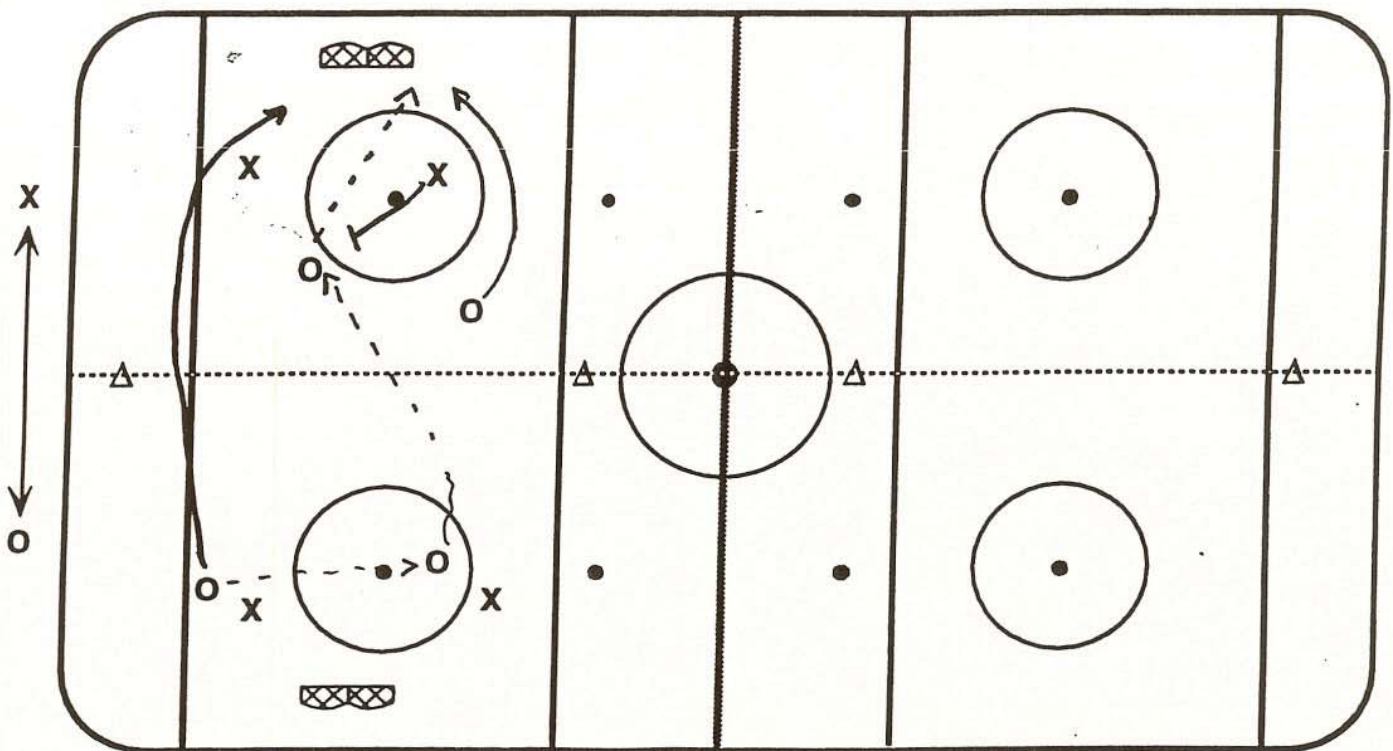


4 v 4 With Conditions



Organization: Progression of 3v3 game. Same rules apply, but with extra attacker on each team, new situations occur. The defender that enters the offensive zone creates a 3v2. He should read where the open ice is created by his two forwards. When attacking, if the team loses the puck, defender retreats and attackers should forecheck 1v1. This again is up to the coaches discretion. You can change which defender is the 2nd wave of attack and the type of forecheck the attackers use. Create the situation.

Purpose: Everything that happens in a full sized game happens here, just a lot more often.

Notes: *work on checking (angling, passing lanes)
(use goalie)*