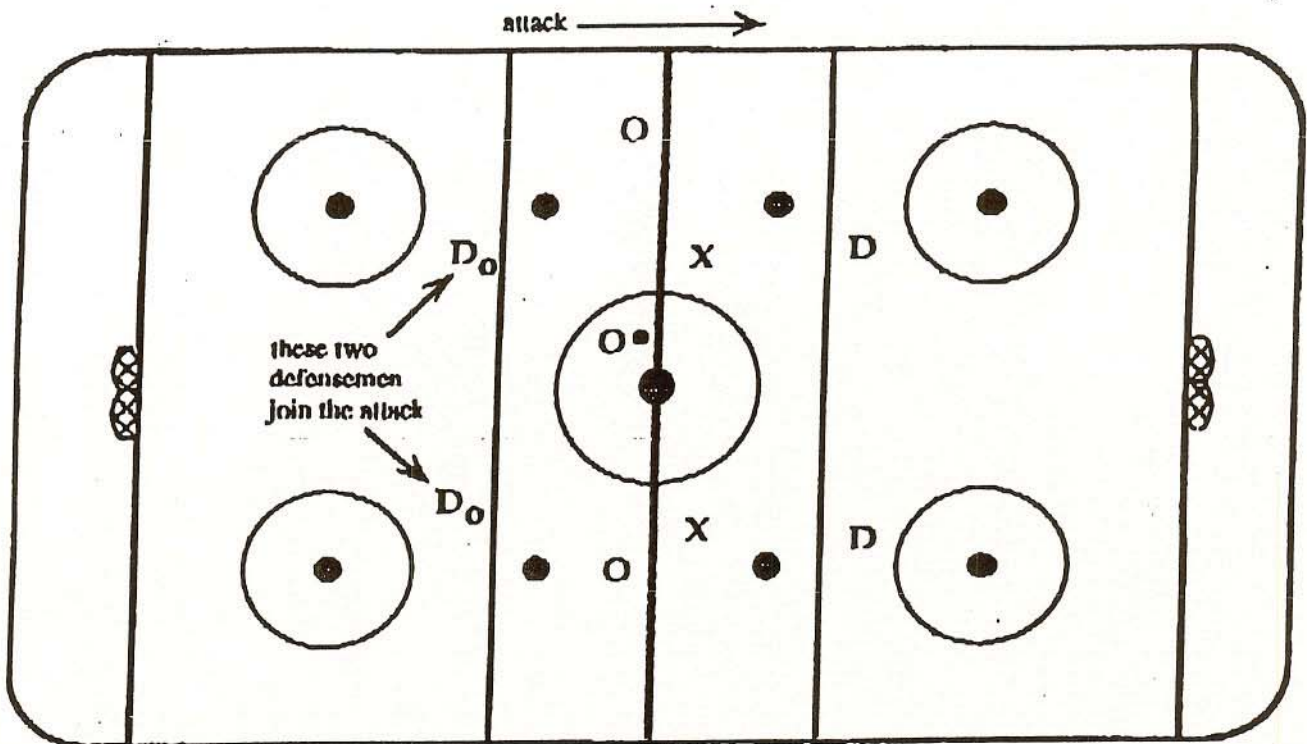


3v2 Either Way



Organization: 3v2 with support.

Play keep away between the two X's and three O's, for 20 seconds. Then, on whistle, the O's attack one of the two sets of D's (3v2). Have two X's backcheck and have the other pair of D₀'s join the attack, creating a 5v4

Purpose:

Create game situations while having players practice their puckhandling abilities.

Notes:

There are number of variations that can be used here. The attack can be a simple 3v2 with the X's dropping out of the play. One or both of the X's can backcheck against the attack. One or both of the D₀'s can join the attack. After the O's have attacked, the X's can get a second puck and attack the defense (2v2) in the opposite direction.